



2020 Star of the North Wellness Program Registration

Selected Package: Star 2020-Create Your Own Package

Please select the tests you want from the list below and email to bfaldner@blueapplehealth.com or call 888-999-3189 and press 2 or 4

Please select a minimum of 7 tests

- ApoA1, ApoB and ApoB/ApoA1 Ratio** - \$65.00
Advanced lipid test from the Cleveland HeartLab. Individuals with a high ApoB/ApoA1Ratio have more than 3x greater risk of heart attack.
- CardioMPO** - \$130.00
Advanced enzyme test that can help your doctor know if there is damage to your arteries from inflammation. Can help assess your risk for a heart attack. Test performed at the famed Cleveland HeartLab.
- CBC - Complete Blood Count** - \$29.00
Broad screening test to check for disorders such as: Anemia, Leukemia, Infections, Bleeding and Inflammation.
- Complete Lipid Panel (Chol/HDL Ratio) (Fast 8 hrs)** - \$29.00
Complete Lipid Profile with Total Cholesterol/HDL ratio. Evaluates your risk for Heart Disease and Stroke.
- Comprehensive Metabolic Panel** - \$29.00
Comprehensive Metabolic Panel - Includes liver and kidney function
- CoQ10** - \$75.00
Coenzyme Q10 (CoQ10) is an antioxidant that is made in the human body and is required for basic cell function. This test may be useful for individuals on statin therapy (cholesterol lowering drugs) and those who are at risk for vascular disease, diabetes and more.
- DHEA** - \$48.00
Referred to as an "anti-aging" hormone, precursor to the sex hormones estrogen and testosterone.
- Diabetes Screening A1c** - \$29.00
Measures blood sugar over a 3 month period.
- Estradiol** - \$48.00
Can help to evaluate menopausal status.
- Fibrinogen** - \$38.00
Contributor to blood clotting. Can help predict risk of Heart Disease and Peripheral Arterial Disease.
- Hepatitis C Virus Antibody** - \$52.00
The CDC recommends testing for people born during 1945 - 1965
- Homocysteine** - \$50.00
Used to detect if a person has B12 or Folate deficiency. Elevated levels may lead to Heart Attack or Stroke.
- hs-CRP High Sensitivity C Reactive Protein** - \$48.00
Can identify the risk level for cardiovascular disease in apparently healthy people.
- iFOBT Colon Cancer Screening - Take Home Kit** - \$35.00

Colorectal Cancer Screening

Mercury (No fish 72 hrs prior to test) - \$78.00

Detects mercury levels in the blood. Please Note: Do not eat fish 72 hours prior to the test.

NMR Advanced Lipid Panel (Fast 12 hrs) - \$120.00

State-of-the-Art method for testing lipo proteins (sub-classes of cholesterol) in the blood. Can help determine the most effective treatment for abnormal cholesterol levels.

Omega 3 & 6 - \$130.00

Used to evaluate your levels of Omega 3 and Omega 6 fatty acids often called "essential fats". The human body needs them for many functions, from building healthy cells to maintaining brain and nerve function.

Oxidized LDL - \$65.00

Elevated plasma levels of OxLDL were the strongest predictor of future coronary heart disease events, and this association was independent of the conventional Complete Lipid Profile and other traditional risk factors.

PSA (for Men) - \$38.00

For men. Used to help detect Prostate Cancer, Prostatitis and Inflammation.

Testosterone - \$45.00

Levels decline with age. Important for fertility, libido, muscle mass and more.

The PLAC Test - \$120.00

Proprietary test from the Cleveland Heart Lab that helps to evaluate your risk for vulnerable plaque which can lead to heart attack or stroke.

TSH - \$29.00

Vitamin B12 - \$48.00

Low levels can lead to fatigue, pale skin, difficulty walking, weight loss, bleeding gums, memory loss and depression.

Vitamin D - \$48.00

Vital for strong bones, immune function and cancer prevention. Deficiencies at any stage of life can have devastating consequences.